



## Patient Details

Patient Name:

Phone:

DOB:

Ward:

Bed:

## Referring Doctor Details

Dr Name:

Date:

Address:

Signature:

## Test Details (see reverse for testing requirements)

### ECHO TEST

- Echo    with bubble study  
 Transoesophageal echo (TOE)

### ECG

- 12 Lead ECG

### STRESS TEST

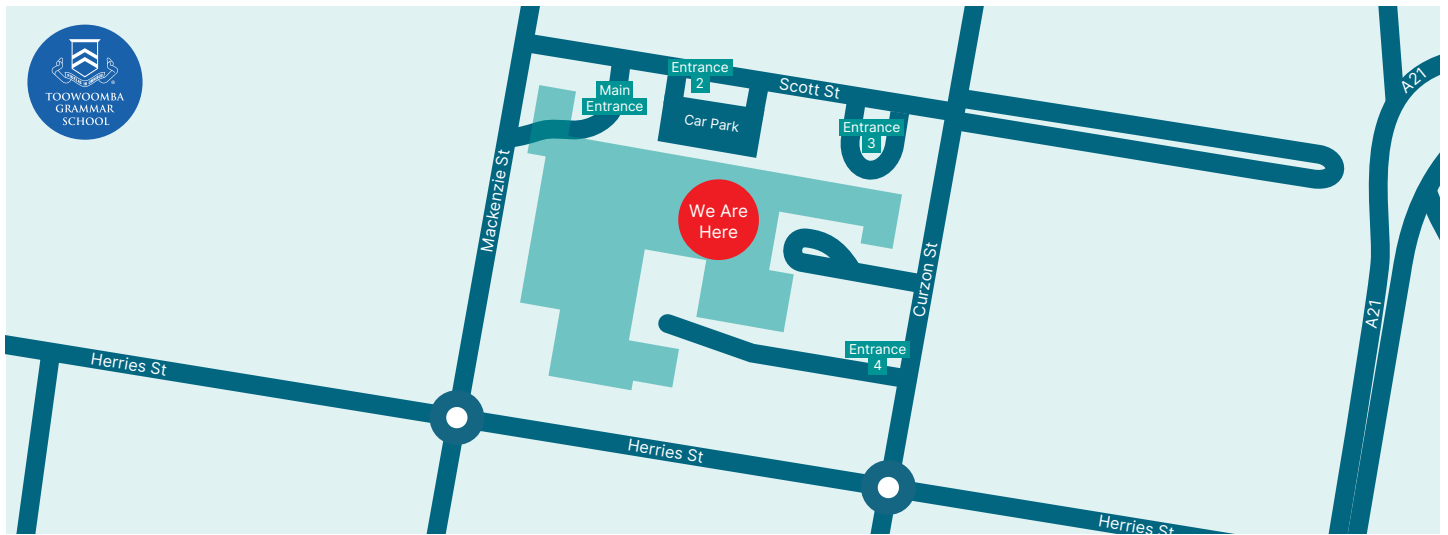
- Exercise Stress Echo  
 Dobutamine Stress Echo

### AMBULATORY MONITORING

- Holter Monitor  
 Blood Pressure Monitor

## Clinical Details

Dr Loretta Carr (BSc MBBS FRACP)   Dr Sam Fogarty (BPharm MBBS FRACP)  
Appointments & Enquiries P: 07 4646 4284 F: 07 4646 4287



## LOCATION

Heart Specialists Toowoomba is located on Level 1 of St Vincent's Hospital. The practice is easily accessible via Entrance 2 located on Scott St. Please take the lift or stairs to Level 1 and follow the signs to our suite.

**Suite 31, Entrance 2 (Level 1), St Vincent's Private Hospital, 22-36 Scott St, Toowoomba**

## PARKING

There is limited street parking available on the streets surrounding St Vincent's. Paid parking within the hospital grounds is available in the small carpark located at Entrance 2 (Scott St) or the larger carpark at Entrance 4 (Curzon St). There is also paid parking available behind Impressions Café, opposite the hospital in Scott St.

## Specific Testing Requirements

### ECHO

**Duration:** 60-90 minutes

**Preparation:** No specific preparation required.

### TRANSOESOPHAGEAL ECHO (TOE)

**Duration:** 3-4 hours

**Preparation:** These procedures are performed in the St Vincent's operating theatres. You must fast (no food or drink) for 6 hours prior to the test. Further information will be sent to you prior to your appointment.

### ECG

**Duration:** 10-15 minutes

**Preparation:** No specific preparation required.

### DOBUTAMINE STRESS ECHO

**Duration:** 90 minutes

**Preparation:** Fast for 2 hours prior to the test. Certain medications may need to be withheld (please continue all regular medications unless we notify you otherwise).

### EXERCISE STRESS ECHO

**Duration:** 90 minutes

**Preparation:** Fast for 2 hours prior to the test. This test involves walking on a treadmill, so please wear two piece exercise attire and comfortable walking shoes. Certain medications may need to be withheld (please continue all regular medications unless we notify you otherwise).

### BP MONITOR

**Duration:** Wear for 24 hours. Allow 20 minutes to attach, 10 minutes for removal.

**Preparation:** Recommend showering before test, as you cannot shower whilst the monitor is attached.

### HOLTER MONITOR

**Duration:** Wear for 24 hours. Allow 20 minutes to attach, 10 minutes for removal.

**Preparation:** Recommend showering before test, as you cannot shower whilst the monitor is attached.